

MEDICAL

Woman in 4hr op to plant 'bra' under skin

INSURANCE worker Claire Coleman has become one of the first women in the world to have an internal bra fitted.

Claire, 42, felt her breasts were saggy and shapeless after she slimmed from a size 18 to a 12 five years ago.

But following a four-hour operation to fit the pioneering Internal Bra System, she said: "When I came around, I felt uncomfortable, a bit like having sore muscles after a tough weight-training session.

"But I did not even need painkillers - and now I feel like a woman again."

The breast-lift op uses a mesh-like material - similar to that used for hernia procedures - to shape breasts.

Surgeons insert the cone-shaped mesh underneath the skin and attach it with stitches to a layer of fat above the breast tissue.

Dalvi Humzah, a plastic surgeon in Claire's home city of Gloucester, did the op. He said: "Over time the mesh is incorporated into the breast like a bra under skin."

Another surgeon, Rajiv Grover, warned: "Anything put in needs to be monitored for at least 10 years."