



NATURAL BEAUTY

Court House Clinics in Wilmslow leads the way in anti-ageing and skin rejuvenation techniques. The national clinic group has been established for over 15 years and prides itself on offering a bespoke doctor led service that puts its clients' needs first

But what does this mean for the woman, or man, investigating the myriad of options available to them when they are considering non-invasive cosmetic surgery?

Michael, a 45-year old businessman based in Mere, recently visited Court House Clinics and chatted to Dr Robin Stones about his options.

Dr Stones is a Specialist Doctor in Dermatology, a Cosmetic Physician and Medical Director of Court House Clinics. He has worked in private cosmetic practice for the past 13 years and in NHS dermatology practice for 25 years. Dr Stones is an active member of the British Association of Cosmetic Doctors where he trains and assesses other doctors and has written part of the curriculum for the Diploma in Cosmetic Medicine. He has a special interest in dermatological laser procedures and is a tutor and examiner in this field. He believes in a holistic approach to skin and facial rejuvenation, often combining conventional dermatological and aesthetic treatments as the best way of creating a natural timeless look.

"Like most men in their mid-40's I've been starting to notice my age creeping up on me – the inevitable decline, writ large in the mirror!" says Michael. "I had vaguely considered what might be available, but been put off by the sense that cosmetic treatments were for celebrities, not for people like me. However, my 16-year old daughter's recent reaction to the news that I was going Go-Karting, "but you're OLD Dad!", was just the impetus I needed to take the plunge!

"As soon as I walked into Court House

Clinics in Wilmslow I felt reassured. Their front of house staff are wonderfully warm and welcoming, but there's no immediate sense of having entered a medical clinic.

"This changes the moment you meet Dr Stones; he is just exactly the sort of man you want to be discussing these kind of procedures with. His experience and qualifications, not to mention his standing in the medical community, are what you want to see on paper – but his manner, his style, are what you want face to face.

"What impressed me more than anything was his concern that we didn't change the character of my face; the expressions and overall 'look' that are part of my personality.

"He suggested I consider a number of small, incremental procedures – a little bit of this and a little bit of that – so that we could refresh and repair, not re-write. He's one of the UK's few practitioners of the new 'fluid face-lift' which seems designed to deliver exactly the sort of natural, holistic, approach to non-invasive cosmetic surgery he is so passionate about. He was also insistent that I take time to consider the treatments and be sure I wanted to proceed. All in all it was a very helpful exercise, and yes, now I've met Dr Stones and can match the man to the CV, I'm very happy to go ahead."

Dr Stones agrees that it's vital for people to meet and take the time to discuss all the options with their doctor before they make what are quite serious decisions:

"It's very important for people to visit an established clinic group and a fully qualified cosmetic doctor if you are considering having a non-surgical treatment. At Court House Clinics we provide a highly skilled and doctor

led service. My dermatological experience helps me bring a wider knowledge of the way the face ages so that I can design a more bespoke and natural looking treatment programme for my clients. It's relatively easy for a cosmetic doctor to inject, but knowing how to customise the approach and create a very natural look is a far more complex skill.

"One of the most skilled treatments is a new approach to facial ageing using fillers to replace lost volume and this is known as the "Fluid Facelift". In the past we simply filled in lines to turn back time. Now experienced cosmetic doctors know that facial ageing is not about erasing lines, it's all about restoring lost volume to create a plumper more youthful appearance. Using fillers in a more creative way we can restore the facial contours and create a more youthful profile with higher cheekbones, a more defined jaw line and a more naturally radiant skin.

"I also offer a highly skilled injection technique using a cannula where I use one injection point instead of multiple points which means less trauma to the skin, less bruising and redness and ensures a far more comfortable experience for my clients."

One of the recent additions at Court House Clinics has been the introduction of Dermaroller. This treatment uses tiny micro-medical needles on the skin encouraging regeneration and repair, leaving you with smoother, brighter, healthier, younger-looking skin.

Dr Stones says: "It has allowed us to treat

difficult conditions like acne scarring and stretch marks, with very little downtime, that previously only invasive laser treatments could tackle. I am now using a combination of topical skin care products with the Dermaroller to increase skin rejuvenation and create healthier, stronger and more youthful result. We also have available fractional laser technology for skin resurfacing.”

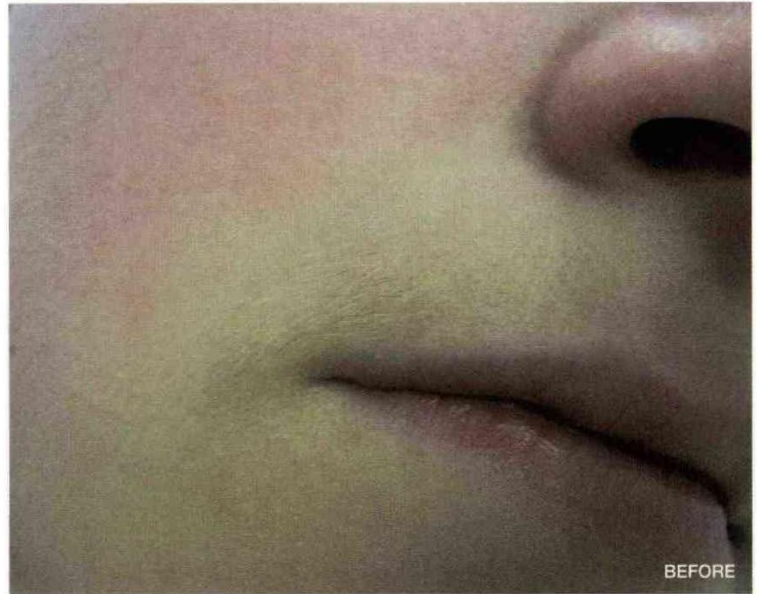
One of the most popular treatments at Court House Clinics is laser hair removal, using Soprano in-motion pain-free technology that has transformed this treatment into a faster and more comfortable experience. It’s ideal for both men and women and can be used to treat all skin types, including darker skins – which makes it a true breakthrough in laser hair removal technology.

Court House Clinics is also one of the few clinics in the north west to have a Candela V Beam Pulsed Dye Laser. This treats facial redness and thread veins and can even treat port wine stains. Clients who have suffered from redness have called this treatment “life changing”, as for years they have hidden their redness under layers of makeup but after having the treatment feel the freedom to be make up free. ■

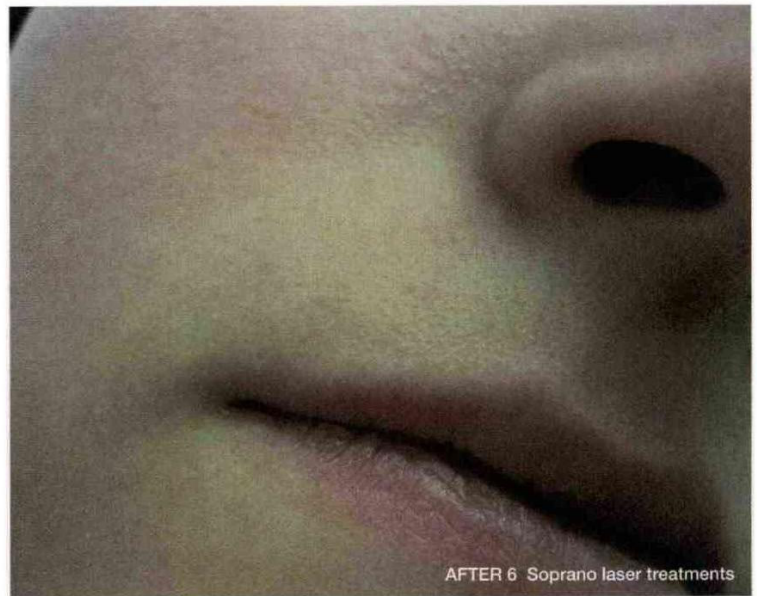


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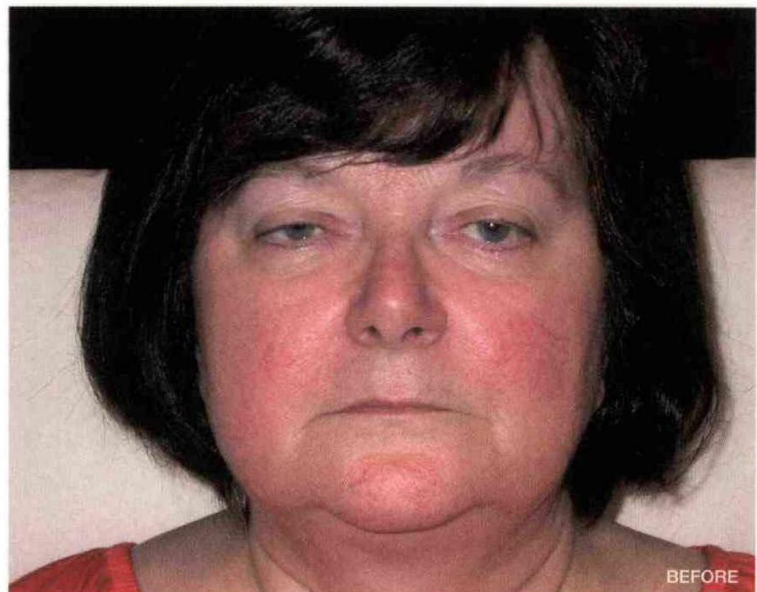
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BEFORE



AFTER 6 Soprano laser treatments



BEFORE

