

BRAND new you MAKEOVER

PERMANENT MAKE-UP | FAT REDUCERS | TUMMY TUCK | LIP IMPLANTS

JUVEDERM FILLERS

'I want to subtly smooth my lines'

The treatment: Juvederm is a hyaluronic acid filler which is injected into the skin with an ultra-fine needle to smooth wrinkles and add volume. The product range uses different sizes of gel particle for use in certain areas of the face: Juvederm Ultra is injected into the top layer of skin to fill superficial fine lines and wrinkles, while Juvederm Voluma is injected into the deep layer of skin to augment the chin, cheeks or lips. The results last from 6-9 months with the filler naturally breaking down in the skin over time. You may experience some redness, swelling, itching or tenderness at the injection site but this will only last a day or so. £200-250 per syringe.



'Lines around my nose and mouth made me look miserable. Now my skin looks years younger!' - **Linda Beck, 58**



Images courtesy of Dr Ravi Jain at Riverbanks Clinic.

ACCENT RADIOFREQUENCY

'I want to tone my post-pregnancy tum'

The treatment: The Accent Radiofrequency treatment tightens skin, contours the body and reduces the appearance of cellulite with the use of two handpieces: a bipolar one which heats the skin tissue to encourage tightening and collagen production; and a unipolar one to penetrate deeper fat to boost circulation and encourage the drainage of fatty deposits via the body's lymphatic system. The outer layer of skin is cooled throughout treatment to ensure the procedure is as pain-free as possible. Each session lasts 30-40 minutes and around eight sessions spaced at 1-2 week intervals are recommended for long-lasting results. Results last from six months to two years. Expect to pay from £200 per area.

'Having lost my baby weight quickly, I was left looking like a deflated balloon... until I found Accent. Only mild discomfort for quick results!' - **Rosalind Jaffa, 41**

GALLERY

FACE FIRMERS | SCAR REDUCTION | CLEAR BRACES | BOTOX & FILLERS



MACROLANE

'I want to subtly enhance my cleavage'

The treatment: Macrolane is an injectable filler that re-sculpts and restores lost volume in the breast, leaving you up to a cup size fuller. Under local anaesthetic, a small incision will be made, then the filler is injected under the breast tissue. You will be fully awake throughout. No downtime is involved, so you can get immediate results without the recuperation time. The Macrolane filler is made from hyaluronic acid, a substance that is produced naturally in the body, so it will break down naturally over time. As such, be prepared for repeat procedures approximately every 18 months. Cost: from £2,800.



Images courtesy of Dr Wolf:
www.theprivatemedic.co.uk

'My breasts had started to sag and lose their volume. Since having Macrolane I'm so much more confident thanks to my new shape!' - **Hannah Jordon, 28**

CROWNS

'I want straight, white teeth'

The treatment: Crowns are good for restoring teeth that are weak, broken, chipped, worn down from grinding or heavily discoloured. Crowns are 'caps' usually made from porcelain that are placed over your own teeth. During the procedure, the dentist will remove the outer surface of your tooth to create space for the crown. Once shaped, the dentist will make the crown which is fixed in place with special adhesive. You will need to have at least two visits. Crowns last from 10-15 years and cost from £250 to £2,000 per tooth.



Images courtesy of www.smileanddentalcare.co.uk

'The results are fantastic - now I have Hollywood film star teeth! It has changed my outlook on reaching the big 40.' - **Kirstie Sheehy, 40**



GASTRIC BALLOON

'I want to tackle my obesity'

The treatment: A gastric balloon is designed to encourage weight loss in obese individuals (with a BMI of 30+). The 30-minute procedure involves feeding a tube through the mouth to the stomach and inserting a silicone balloon which is then filled with sterile liquid. This serves to partially fill up the stomach, thus limiting the amount of food you can consume. The gastric balloon must be used in conjunction with a healthy diet and lifestyle changes. After surgery, you will only be able to eat liquidised food for 1-2 weeks while your stomach readjusts and common side effects include nausea, diarrhoea, heartburn and vitamin deficiency. Gastric balloons are usually removed after six months, as they are gradually weakened from stomach acids. Expect to pay from £4,000 - £8,000.

‘At 13 stone and a size 18, I went to see my GP who suggested a gastric balloon. It’s been fantastic: in four months I’ve lost almost two stone!’ - **Priti Patel, 37**