

Are you suffering from Recession Affective Disorder?

the Square Mile's leading day spa, has witnessed a surge of interest over the last two months in its stress relieving therapies to counter 'Recession Affective Disorder', the effects of excessive stress caused by the recent economic downturn.

The cosmetic surgery industry as a whole is feeling buoyant about riding out the recession as people keep spending on treatments and products that make them feel and look good.

Dr Patrick Bowler, medical director of Court House Clinics,

said that in the past during economic recessions he had seen a reduction in figures of those undergoing high value cosmetic treatments, but that lower cost treatments such as Botox were hardly affected.

"I think even in the most depressed of times people interested in their appearance will prioritise money to give themselves a boost in self confidence," he said.

Sleep problems, aching limbs, loss of libido, an oppressive feeling of unhappiness? Sounds like a case of Recession Affective Disorder or R.A.D – but help is at hand.

The Spa at The CityPoint Club,

