
Botox can beat the blues

Botox cosmetic injections for frown lines and wrinkles can alleviate depression, according to a new study by Dr Michael B Lewis, school of psychology, Cardiff University, and Dr Patrick Bowler, medical director, Court House Clinic, in London. Published in the *Journal of Cosmetic Dermatology*, the research shows the patient has a more positive mood after treatment.

Patrick is unsurprised by the results, and feels this may be a reason patients are less likely to give up Botox treatments during an economic downturn. "The results support the view that frowning can make people unhappy," he said. "The study is proof that, alongside the feel-good factor a cosmetic treatment can provide, there are psychological mechanisms at work. And despite the current recession, we have not seen a decline in demand for Botox in our clinics."
