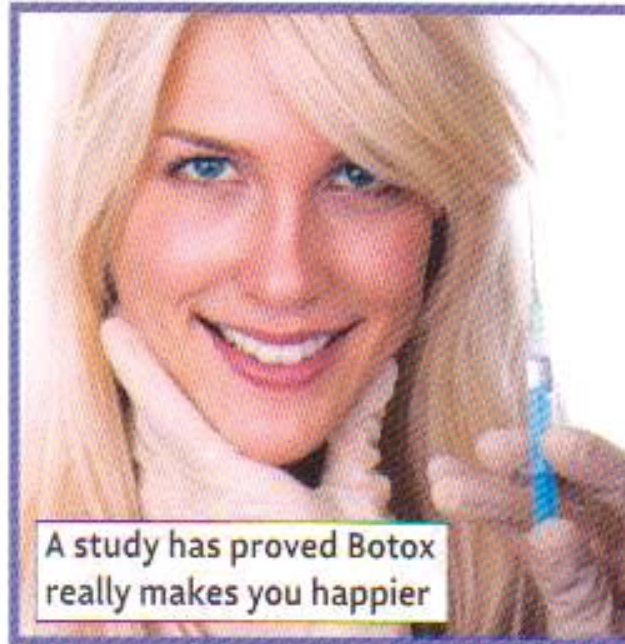


BOTOX MAKES YOU HAPPY, SAYS DOCTOR

Botox can make people happier, a doctor studying the psychological effects of the treatment has claimed.

Following a study into how the injections can lift the mood of a patient, cosmetic surgeon Dr Patrick Bowler found people were more content after the procedure in comparison to patients who had opted for other treatments.

In partnership with Dr Michael Lewis, a senior lecturer in psychology at Cardiff University, Dr Bowler tested a group of 25 Botox patients for irritability, anxiety and depression. He then tested another group of 25 who had had chemical peels and fillers for the



A study has proved Botox really makes you happier

same conditions. The results of these preliminary trials showed the former group were happier than the latter.

Dr Bowler, who is the medical director of Court House Clinics,

said: "Lots of studies noticed a high satisfaction rate in people after they had Botox treatments. We wanted to look at why and found these people did feel psychologically better. If you can't frown there is less chance of feeling unhappy."

Although the results indicate happiness following the treatment, Dr Bowler asserted he does not believe this is due to looking better. He said: "I wouldn't say it's necessarily about self-esteem. The Botox group was compared with a group in which people had fillers and chemical peels, which are also aesthetic treatments, and they still proved to be happier."