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ad,

Guest Expert

Laura,

The cosmetic doctor

*Dr Patrick
Bowler is medical
director of Court
House Clinics ([www.
courthouseclinics.com](http://www.courthouseclinics.com))*



'I had a tattoo on my back on a whim when I was 18. Now in my 30s, I hate it. Can I get it removed and will it scar?'

Ceri, 35, Swanage

DR BOWLER SAYS Most tattoos can be removed with laser treatment. An intense beam of light breaks up the ink particles into fragments that are absorbed into the skin. It can sting, but an anaesthetic cream can help. You'll need eight to ten treatments (from £50 each) every four to six weeks. The skin underneath may be left a slightly different colour, but that will fade after six months.'

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